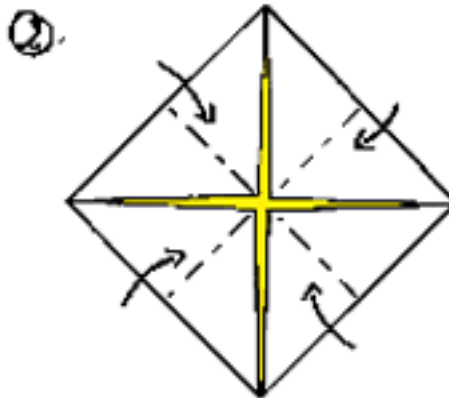
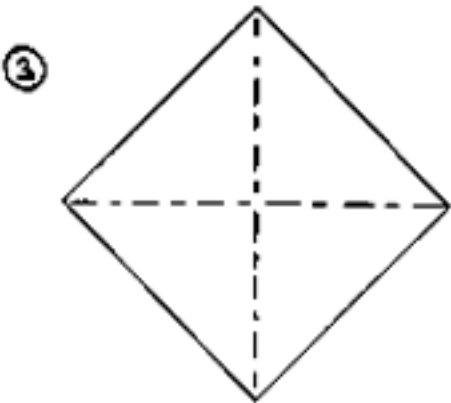


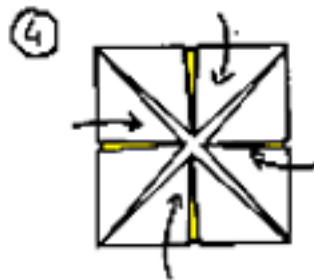
Plier les diagonales



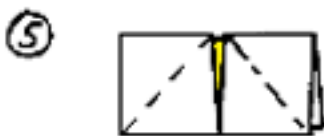
Ramener les angles au centre



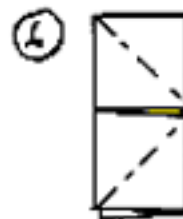
Retourner le pliage



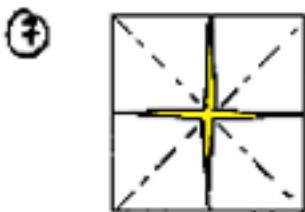
Ramener les angles au centre



Plier en 2



Plier dans l'autre sens



Ouvrir les 4 poches
et les remplir